




# The Wellspring of Life Refuge

Help us to create a zero-tolerance  
culture towards domestic abuse.

**The Well Spring of Life exists to provide support for women and women with children who are being emotionally, physically, or sexually abused in the privacy of their own home.**

A decorative illustration of pink flowers and leaves in the top right corner of the page. The flowers are stylized with soft, rounded petals and thin brown stems. The leaves are also pink and have a simple vein pattern. The illustration is partially obscured by a teal rectangular box.

We are unique in that we operate under a Christian ethos and offer pastoral care to women and walk alongside them until they are in a position to regain their self-esteem and courage. We are an Irish Charity, a Company Limited by Guarantee (CLG). We commenced working in the community in 2019 and from then to date we have helped several families with a myriad of needs.

# Our goals

Where possible facilitate families staying in the family home and support them to this end.

To support on an interim basis the provision of food vouchers, clothing, and utility payments.

To liaise and advocate with local authority housing and private landlords as appropriate to ensure stability with accommodation.

To support the procurement of barring orders and other court orders as appropriate

To provide transport and accompaniment to court hearings, solicitors, counselling, and social welfare services.

The ultimate goal is to open a refuge centre to provide all necessary support on one campus.

— **We are working towards a full programme of courses and classes for our families in the long term to support growth and healing.**

**We have already begun this programme in our community project with the provision of:**

Life coaching: in-person and online

Facilitation of counselling services

Signposting to crisis pregnancy supports

Signposting to sports camp facilities for children

Community Policing Units

Safe & Together model

# Our Progress & Plans



Operating in the community in Dublin City Centre and the greater Dublin area since 2020.



Growing at a slow but steady pace.



Productive meeting with Minister for Housing in Leinster House Oct.'22.



Plans to be in scope to apply for the next round of government funding in 2025.

**We have seen some  
transformational  
journeys**

Hello, The Well Spring of  
Life Team

With your support I got a part-time job. With  
your support I grew stronger. I have been  
accepted into a Culinary Arts course in college!

I'm hoping for the best,  
Thank you. Charlene

# Sometimes success is a longer journey

The longer the road the more teams involved. Complex cases need more multi-agency support. On these longer journeys, we can help in small ways too.

Something small like clearing out a garden makes a huge difference.



## There are many ways you can get involved



### Practical Help

Cleaning, clear-outs, painting, decorating.



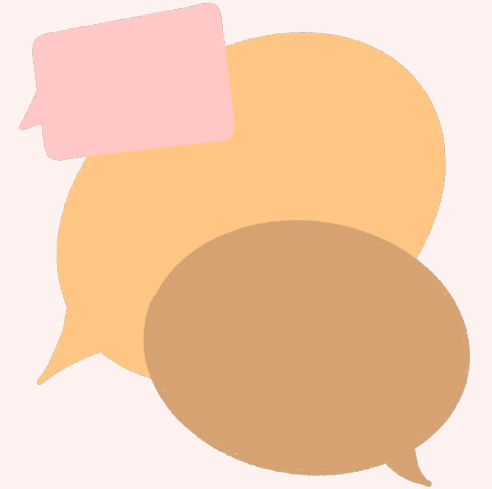
### Fundraising

As big or as small as you like.



### Volunteer

Join one of our working groups.



### Get to know us

We will come and deliver a full presentation to your team.



# Thanks for reading.

— Get in touch.  
We'd love to hear from you.

[volunteer@wellspringofliferefuge.ie](mailto:volunteer@wellspringofliferefuge.ie)

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Registered office: 42a Pearse St. Dublin 2